

Breast Density-is it relevant?

- On a mammogram, radiologists can detect how dense breast tissue is. Women with more dense breast tissue are 4 to 5 times more likely to develop breast cancer than women with low breast density.

New England Journal of Medicine, 2007

Mammography

Mammograms of dense breasts can be harder to read accurately. This can lead to false positive or false negative mammograms.

Causes of breast denseness

1. Hormone Use
2. Alcohol
3. Animal Protein

Causes of breast cancer

1. Hormone Use
2. Alcohol
3. Animal Protein