ARTICLE IN PRESS

Food and Chemical Toxicology xxx (2013) xxx-xxx

Contents lists available at ScienceDirect

Food and Chemical Toxicology



32

33

34

35

36

37

38

39

40

41

42

43 44

62

63

64

65

66

67

68

69

70

71

72

73

74

75

76

77

78

79

80

81

82

83

84

journal homepage: www.elsevier.com/locate/foodchemtox

Urinary analysis reveals high deoxynivalenol exposure in pregnant 3 women from Croatia

7 Q1 Bojan Šarkanj^{a,b,1}, Benedikt Warth^{b,1}, Silvio Uhlig^c, Wilfred A. Abia^{b,d,e}, Michael Sulyok^{b,*},
 8 Tomislav Klapec^a, Rudolf Krska^b, Ines Banjari^f

۵ ^a Subdepartment of Biochemistry and Toxicology, Department of Applied Chemistry and Ecology, Faculty of Food Technology, Josip Juraj Strossmayer University, Osijek, Croatia

10 ^b Center for Analytical Chemistry, Department for Agrobiotechnology (IFA-Tulln), University of Natural Resources and Life Sciences, Vienna (BOKU), Austria

11 ^c Section for Chemistry and Toxicology, Norwegian Veterinary Institute, Oslo, Norway

12 ^d Laboratory of Pharmacology and Toxicology, Department of Biochemistry, Faculty of Science, University of Yaounde I, Cameroon

13 e Department of Food Technology, Faculty of Science, University of Johannesburg, 2028, Doornfontein Campus, P.O. Box 17011, Gauteng, South Africa

14 ^fSubdepartment of Nutrition, Department of Food and Nutrition Research, Faculty of Food Technology, Josip Juraj Strossmayer University, Osijek, Croatia

15 16 18

5 6

ARTICLE INFO

- 19 Article history:
- 20 Received 24 May 2013 21 Accepted 20 August 2013
- 22 Available online xxxx
- 23 Keywords:
- 24 Mycotoxins
- 25 Deoxynivalenol glucuronide

1. Introduction

- 26 Biomarker
- 27 Pregnant women
- 28 Human urine
- 29 Croatia 30

ABSTRACT

In this pilot survey the levels of various mycotoxin biomarkers were determined in third trimester pregnant women from eastern Croatia. First void urine samples were collected and analysed using a "dilute and shoot" LC-ESI-MS/MS multi biomarker method. Deoxynivalenol (DON) and its metabolites: deoxynivalenol-15-glucuronide and deoxynivalenol-3-glucuronide were detected in 97.5% of the studied samples, partly at exceptionally high levels, while ochratoxin A was found in 10% of the samples. DON exposure was primarily reflected by the presence of deoxynivalenol-15-glucuronide with a mean concentration of 120 μ g L⁻¹, while free DON was detected with a mean concentration of 18.3 μ g L⁻¹. Several highly contaminated urine samples contained a third DON conjugate, tentatively identified as deoxynivalenol-7-glucuronide by MS/MS scans. The levels of urinary DON and its metabolites measured in this study are the highest ever reported, and 48% of subjects were estimated to exceed the provisional maximum tolerable daily intake (1 μ g kg⁻¹ b.w.).

© 2013 Elsevier Ltd. All rights reserved.

45 46

47 Mycotoxins are secondary metabolites produced by toxigenic 48 fungi that commonly contaminate agricultural products worldwide. Based on frequency of occurrence and toxic effects exerted 49 50 on animals, aflatoxins (AFs), ochratoxins (OTs), deoxynivalenol 51 52 53 54 55

- 57
- 58

59 60

61

(DON), zearalenone (ZEN) and fumonisins (FBs) are the most relevant mycotoxins worldwide. Once humans are exposed to mycotoxins via contaminated foods, singly and or in combinations, these toxins might pose multiple threats to human health such as teratogenicity, immunosuppression and carcinogenicity (Binder et al., 2007). The trichothecene DON is the most frequently encountered mycotoxin addressed by regulation in Europe (Binder et al.,

2007). Due to its stability during processing (Jackson and Bullerman, 1999), a high level of exposure in humans is expected. Krstanović et al. (2005) determined a high contamination of barley with

E-mail address: michael.sulyok@boku.ac.at (M. Sulyok).

DON-producing Fusarium species in Croatia, whilst Pleadin et al. (2012a) confirmed high DON contamination of Croatian maize samples harvested in 2010., 85% of the investigated samples (n = 40) were DON contaminated with an average concentration of $2150 \ \mu g \ kg^{-1}$ (range $15-17,290 \ \mu g \ kg^{-1}$). Contamination of maize from the same harvest with T-2 toxin (T-2) and FB's has also been reported (Pleadin et al., 2012b). Of the analysed samples, 67.4% were contaminated with FBs with an average concentration of 4509 μ g kg⁻¹ and a maximum concentration of 25200 μ g kg⁻¹; 24.4% of the samples were contaminated with T-2 with average and maximum levels of 110 μ g kg⁻¹ and 210 μ g kg⁻¹, respectively. Since high levels of mycotoxins were detected in cereals, it is expected that the potential exposure of humans is reflected by the presence of appropriate urinary biomarkers. There is limited information on DON exposure and metabolism during pregnancy in humans. Piekkola et al. (2012) reported the co-occurrence of DON and aflatoxin M_1 (AFM₁) in urine form pregnant women in Egypt in 18.3% of the analysed samples. The range of reported DON in Egypt was $0.5-59.9 \text{ ng mg}^{-1}$ creatinine, while Hepworth et al. (2011) reported urinary DON concentrations in pregnant individuals from Bradford, UK, with a mean urinary concentration of 10 ng mg^{-1} creatinine and a maximum concentration of 117 ng mg⁻¹ creatinine (Turner et al., 2012a).

Please cite this article in press as: Šarkanj, B., et al. Urinary analysis reveals high deoxynivalenol exposure in pregnant women from Croatia. Food Chem. Toxicol. (2013), http://dx.doi.org/10.1016/j.fct.2013.08.043

⁵⁶

^{*} Corresponding author. Address: Center for Analytical Chemistry, Department of Agrobiotechnology (IFA-Tulln), University of Natural Resources and Life Sciences, Vienna, Konrad Lorenzstr. 20, A-3430 Tulln, Austria. Tel.: +43 2272 66280 409.

These authors contributed equally to this work.

^{0278-6915/\$ -} see front matter © 2013 Elsevier Ltd. All rights reserved. http://dx.doi.org/10.1016/j.fct.2013.08.043

164

165

166

167

168

169

170

171

172

173

174

175

176

177

178

179

180

181

182

183

184

185

186

206

207

2

B. Šarkanj et al./Food and Chemical Toxicology xxx (2013) xxx-xxx

85 DON has been shown to pass the placental barrier in sows, and 86 it was linked with lower birth weight (Tiemann et al., 2008) and 87 immunosuppression (Jakovac-Strajn et al., 2009). Due to its ability 88 to cross the placental barrier during in vivo studies in animals 89 (Goyarts et al., 2007; Tiemann et al., 2008), and ex vivo studies in 90 humans (Nielsen et al., 2011), DON might cause toxicity in the foe-91 tus. Time periods of high cereal contamination with DON were 92 associated with induced labour at an early stage of pregnancy 93 (Pestka and Smolinski, 2005). Therefore, DON is assumed to consti-94 tute a hazard to both pregnant women and their foetus, especially 95 since the foetus has a less developed detoxification capacities. 96 However, it is not known how the observed and other anticipated 97 changes in metabolism, distribution and excretion of toxicants during pregnancy affect the potential risk (Anderson, 2005). A 98 99 Q2 major detoxification route for DON in animals and humans is via 100 glucuronidation (Smolinski and Pestka, 2005; Maul et al., 2012; 101 Meky et al., 2003: Turner et al., 2011, 2012a: Warth et al., 2011, 2012a, 2013a), though the specific uridine-diphosphate 102 glucuronosyltransferases (UGTs) for DON have not as yet been 103 104 identified. It has been proposed that during the last two trimesters 105 of human pregnancy at least one specific UGT, UGT1A4, activity is 106 increased. However, in rats glucuronidation was reduced for some 107 substrates (Inoue et al., 2005) but alterations to efflux transporter 108 expression resulting in increased urinary excretion of glucuronides 109 (Cao et al., 2002).

110 A DON glucuronide was first suggested by Meky et al. (2003) 111 and Turner et al. (2008), and subsequently both DON-3-GlcA and 112 DON-15-GlcA have been identified and characterised in human urine and using human liver microsomes (Maul et al., 2012; Warth 113 114 et al., 2012a). The structure of a suggested third species, DON-7-115 GlcA, in highly contaminated human urine samples (Warth et al., 116 2013a) and from microsomal assays (Maul et al., 2012), awaits fur-117 ther confirmation; whilst the structural elucidation of three DON 118 glucuronides formed using rat liver microsomes included the DON-3-GlcA, DON-15-GlcA, and a novel DON-8-GlcA (Uhlig et al., 119 120 2013). Klapec et al. (2012) determined OTA and $OT\alpha$ in the first 121 void urine samples of Croatian pregnant women, and according 122 to food frequency questionnaire data, the greatest contributors to 123 dietary OTA intake were cereal products and fruit juices. Samples 124 from that survey were re-examined in the study at hand to assess 125 multiple mycotoxin exposures using a newly developed multi-biomarker LC-MS/MS method (Warth et al. 2012b). 126

In humans, many mycotoxins and their metabolites are effec-127 128 tively excreted via the urine which enables the estimation of exposure through urinary concentrations (Solfrizzo et al., 2011; Warth 129 130 et al., 2013b) provided that a dose-response relationship has been 131 established. Following easy, non-invasive sampling, urine analysis 132 requires sensitive methodology due to low levels. Considering the 133 limited data on mycotoxin levels in pregnancy (Hepworth et al., 134 2011; Klapec et al., 2012; Piekkola et al., 2012), the aim of this pilot 135 study was to investigate mycotoxin exposure in 40 healthy third trimester pregnant women from eastern Croatia. Special emphasis 136 was given to the tentative identification of a recently discovered 137 138 third DON glucuronide.

139 **2. Materials and methods**

140 2.1. Chemicals and reagents

Methanol (LC gradient grade) and glacial acetic acid (p.a.) were
purchased from Merck (Darmstadt, Germany), acetonitrile (ACN;
LC gradient grade) from VWR (Leuven, Belgium). Creatinine
was from Sigma (Schnelldorf, Germany). Deoxynivalenol-3-0glucuronide (DON-3-GlcA) and zearalenone-14-0-glucuronide
(ZEN-14-GlcA) were synthesised by optimised procedures and the

structures were confirmed by nuclear magnetic resonance 147 (Fruhmann et al., 2012; Mikula et al., 2012). Deoxynivalenol-148 15-O-glucuronide (DON-15-GlcA) was separated from a naturally 149 contaminated human urine sample to determine its MS response 150 relative to that of DON-3-GlcA as described elsewhere (Warth 151 et al., 2012a). Other mycotoxin standards were purchased from 152 Romerlabs (Tulln, Austria) (DON, de-epoxy-deoxynivalenol (DOM-153 1), nivalenol (NIV), T-2, HT-2, OTA, AFM₁, FB₁ and FB₂) and Sigma 154 (ZEN, α - and β -zearalenol (α - and β -ZEL)). Solid standards were 155 dissolved in pure methanol (DON-3-GlcA, NIV) or ACN (DON, 156 ZEN-14-GlcA, ZEN, α - and β -ZEL). Pre-dissolved standards were 157 delivered in ACN or ACN/H₂O (FB₁ and FB₂) and stored at -20 °C. 158 A combined multi-standard working solution containing 159 10.0 mg L⁻¹ DON, DON-3-GlcA, DOM-1, NIV and HT-2, 5.0 mg L⁻ 160 FB₁ and FB₂, 2.5 mg L⁻¹ ZEN-14-GlcA, α -ZEL, β -ZEL and T-2, 161 1.0 mg L^{-1} ZEN and 0.125 mg L^{-1} AFM₁ and OTA was prepared in 162 ACN according to Warth et al. (2012b). 163

2.2. Participants and sample collection

During February 2011, 40 healthy non-smoking pregnant women who all reside in the eastern area of Croatia (from and around the city of Osijek; age: 26–33 years old), all in their final trimester of gestation, voluntarily participated in this study. Detailed description of the study design has been published before (Klapec et al., 2012) in a work focusing on urinary OTA and OT α . In order to expand the knowledge on the simultaneous exposure with other mycotoxins, especially to DON, which was assumed to be the main contaminant in Croatian cereals, additional analyses were performed at the Centre for Analytical Chemistry, (BOKU, Austria). The samples were kept at -20 °C and later transported in frozen conditions to Austria.

2.3. Multi-mycotoxin biomarker analysis and LC–ESI–MS/MS parameters

2.3.1. Sample preparation

Urine samples were allowed to reach ambient temperature. Each urine sample was thoroughly mixed, 1 mL transferred into an Eppendorf tube and centrifuged for 3 min at 5600g. An aliquot of the supernatant (100 μ L) was mixed with 900 μ L of dilution solvent (ACN/H₂O = 10/90). Five microlitres (5 μ L) of the diluted sample were injected into the LC–ESI–MS/MS system.

2.3.1. Analysis of urine samples & LC-ESI-MS/MS conditions

Sample analysis was performed using an AB SciexQTrap[®] 5500 187 LC-MS/MS system (Foster City, CA) equipped with a TurbolonSpray 188 electrospray ionization (ESI) source interfaced with an Agilent 189 1290 series HPLC system (Waldbronn, Germany). The optimised 190 dilute and shoot approach described by Warth et al. (2012b) was 191 applied for measurements of urinary biomarkers. This method 192 was optimised to monitor high and moderate exposures to major 193 mycotoxins rather than to detect very low background levels. 194 Key performance parameters of detected metabolites are displayed 195 in Table 1. ESI-MS/MS was conducted using selected reaction mon-196 itoring (SRM), and two individual transitions were monitored for 197 each analyte with the exception of DON-GlcA, where an additional 198 fragment was chosen. The limit of detection (LOD) and limit of 199 quantification (LOQ) were calculated from the spiked urine sam-200 ples using the Analyst software script based on a signal to noise ra-201 tio of 3:1 and 10:1, respectively. Two quality control (QC) samples 202 (pooled blank urine and blank urine spiked with multi standard 203 solution diluted 1:200) were included in each batch of 20 samples 204 within an LC-MS/MS measurement sequence. 205

For recalculation of DON and DON-GlcA results to %TDI (percentage of stated provisional maximum tolerable daily intake of

Please cite this article in press as: Šarkanj, B., et al. Urinary analysis reveals high deoxynivalenol exposure in pregnant women from Croatia. Food Chem. Toxicol. (2013), http://dx.doi.org/10.1016/j.fct.2013.08.043

(A1)

(**B1**)

Table 1

Key performance parameters of the LC-MS/MS-ESI method applied for urine analysis (Warth et al., 2012b).

	LOD matrix $[\mu g L^{-1}]^a$	LOQ matrix $[\mu g L^{-1}]^b$	
DON	4	13	
D3GlcA	6	20	
D15GlcA	3	11	
OTA	0.05	0.17	

LOD based on a S/N ratio of 3:1 in spiked urine sample. Values correspond to concentration in urine, taking the 1:10 dilution into account.

^b LOQ based on a S/N ratio of 10:1 in spiked urine sample. Values correspond to concentration in urine, taking the 1:10 dilution into account.

1 μ g kg⁻¹ body weight (WHO, 2001)) the following equations were 208 209 210 used:

$$\%\text{TDI} = \frac{\left(\frac{\text{DON-15-GlcAMW(DON)}}{\text{MW(DON-15-GlcA)}} + \frac{\text{DON-3-GlcAMW(DON)}}{\text{MW(DON-3-GlcA)}} + \text{DON}\right)V(\text{urine per day})}{\text{ERBWCF}}$$

· 100

 $\big(\tfrac{\text{DON-15-GlcA296}}{_{472}} + \tfrac{\text{DON-3-GlcA296}}{_{472}} + DON \big) 2$

072BW2

213

%TDI = -

$$\%\text{TDI} = \frac{(\text{DON-15-GlcA} + \text{DON-3-GlcA})0.627 + \text{DON}}{\text{BW}} \cdot 13,889$$

where DON-15-GlcA is the concentration of deoxynivalenol-15-glu-219 curonide (μ g L⁻¹); DON-3-GlcA the concentration of deoxynivale-220 nol-3-glucuronide ($\mu g L^{-1}$); MW (DON) the molecular weight 221 (MW) of deoxynivalenol (DON) = 296 (g mol⁻¹); DON the concen-222 tration of deoxynivalenol (μ g L⁻¹); V (urine per day) the urinary 223 output during pregnancy 2 L (Mikhail and Anvaegbunam, 1995): 224 ER the urinary DON elimination rate (ER) of 72% (Turner et al., 225 226 2010); BW the body weight; CF is the concentration factor, first void 227 urine is typically more concentrated than 24 h urine; in a recent 228 pilot survey this factor was calculated to be approximately two 229 (Warth et al., 2013a)

It is important to mention that the urine volume and the 230 231 concentration factor are realistic estimates rather than validated values, due to the lack of available validated data on DON metab-232 olism and concentration factor in pregnant women. The urinary 233 234 DON elimination rate determined by Turner et al. (2010) must like-235 wise be regarded as the best available average value.

236 2.4. Creatinine analysis

Urinary creatinine levels were determined on the same LC-ESI-237 MS/MS instrument by the rapid method described by Warth et al. 238 (2012b). Urinary mycotoxin concentrations were later normalised 239 for creatinine and expressed as $\mu g \, g^{-1}$ creatinine alongside the 240 concentrations in $\mu g L^{-1}$ for ease of comparison with similar 241 242 studies.

2.5. Analysis of DON in wheat samples 243

Two wheat samples from the 2010 season, thought to be the 244 245 best representative available for the mycotoxin contamination of 246 that specific year and region, were obtained from local siloes 247 (nearby Osijek). The samples were extracted and analysed by a LC-ESI-MS/MS method described previously by Sulvok et al. 248 249 (2006) in order to confirm contamination with DON and its 250 derivatives (deoxynivalenol-3-glucoside (DON-3-Glc), 3- and 251 15-acetyldeoxynivalenol (3-ADON, and 15-ADON). Briefly, samples

Toxicol. (2013), http://dx.doi.org/10.1016/j.fct.2013.08.043

were grind, and mycotoxins were extracted from 5 g of 252 homogenised sample with 20 mL of extraction solvent (acetoni-253 trile:water:acetic acid = 79:20:1) for 90 min on a rotary shaker 254 (180 rpm). Afterwards 0.5 mL of extract was diluted with 0.5 mL 255 of dilution solvent (acetonitrile:water:acetic acid = 20:79:1), and 256 5 µL of the diluted sample was injected into the LC-ESI-MS/MS 257 258 system.

2.6. Statistical analysis

Differences between subgroups were tested with pairwise Mann–Whitney U-test, and a *p* value ≤ 0.05 was considered statistically significant. The average and median urinary concentration of DON and its metabolites (Table 2) was recalculated by replacing all <LOD results with LOD \times 0.5, and all <LOQ values with $LOQ \times 0.5$ (Turner et al., 2012b; Warth et al., 2012a). Statistical analysis was performed using Statistica 8.0 (StaSoft, Tusla, OK, USA) and Microsoft Office Excel 2013 (Microsoft, Redmond, WA, USA).

3. Results and discussion

The urine samples were analysed for a total of 15 mycotoxinderived biomarkers. Table 1 provides performance characteristics of detected mycotoxin biomarkers with apparent recoveries ranging from 88% to 104%; and LODs ranging from 0.05 to 6 μ g L⁻¹. A total of 39/40 (97.5%) samples contained DON (and/or its metabolites), and a much smaller fraction of samples contained detectable OTA concentrations (4/40; 10%). Other mycotoxin biomarkers were not detected (Fig. 1). The largest median concentration was determined for DON-15-GlcA which was about five times higher than DON-3-GlcA and eight times higher than free DON levels (Table 2). The total DON exposure frequency estimated in this study (>95%) was in line with the recent findings in Austria reported by Warth et al. (2012a): and a United Kingdom study, in both pregnant (Hepworth et al., 2011) and nonpregnat individuals (Turner, 2008). The observed high frequency of DON-15-GlcA:DON ratio relative to DON-3-GlcA:DON ratio confirms that DON-15-GlcA is the dominant conjugated metabolite of DON. Since many samples contained very high quantities of DON and its conjugates, a second dilution step (1:20) was carried out on the three most contaminated samples besides the common dilution of 1:10. The obtained results confirmed the high concentrations with low average RSD values of 3.0% for DON-3-GlcA and 2.8% for DON-15-GlcA.

For the estimation of daily DON exposure it was assumed that first void urine is more concentrated (by a factor of two) than 24 h urine based on a current in vivo mass balance experiment (Warth et al., 2013a). However, this assumption must be critically considered as it is based on a single experiment on one male individual and is only relevant when biomarker concentrations are not normalised to creatinine. As far as OTA is concerned, the detected concentrations for all positive samples were below the LOQ. Coexposure to DON and OTA was evident in 4/40 (10%) of the samples. Solfrizzo et al. (2011) reported a higher co-occurrence of DON and its metabolites with OTA and found both mycotoxins in 30% of the samples in a small-scale pilot study from southern Italy (3/10 samples) using a more sensitive method. Forty-eight% of the recovered levels of total DON exceeded the provisional maximum tolerable daily intake (PMTDI) levels $(1 \ \mu g \ kg^{-1} \ b.w. \ day^{-1})$ (WHO, 2001), a proportion that is exceptionally high and exceeds all studies performed on different continents so far (Hepworth Q3 308 et al., 2011; Piekkola et al., 2012; Turner, 2010; Turner et al., 2012a,b; Warth et al., 2012a).

Participants were divided into 2 homogenous subgroups to investigate effect of residence and education on the sum of total

259

260

261

262

263

264

265

266

267

268

269

270

271

272

273

274

275

276

277

278

279

280

281

282

283

284

285

286

287

288

289

290

291

292

293

294 295

296

297

298

299

300

301

302

303

304

305

306

307

309

310

311

312

3

Please cite this article in press as: Šarkanj, B., et al. Urinary analysis reveals high deoxynivalenol exposure in pregnant women from Croatia. Food Chem.

ARTICLE IN PRESS

4

B. Šarkanj et al./Food and Chemical Toxicology xxx (2013) xxx-xxx

Table 2

Mycotoxin levels in urine samples of pregnant women from Croatia (N = 40).

	Mycotoxin [µgL ⁻¹]			
	DON-15-GlcA ^a	DON-3-GlcA ^a	DON ^a	OTA
Average	120.4	28.8	18.3	<loq< td=""></loq<>
Median	55.2	10.0	6.7	<loq< td=""></loq<>
Max	1237.7 ^b	298.1	275.0	<loq< td=""></loq<>
<lod< td=""><td>1</td><td>7</td><td>9</td><td>36</td></lod<>	1	7	9	36
<loq_< td=""><td>4</td><td>18</td><td>21</td><td>4</td></loq_<>	4	18	21	4
Number of positive (%)	39/40 (98%)	33/40 (83%)	31/40 (76%)	4/40 (10%)

Recalculated, all values < LOD were replaced with 0.5 \times LOD; and <LOQ with 0.5 \times LOQ.

 $^{b}\,$ Samples above highest calibration point (400 $\mu g\,L^{-1})$ were diluted and remeasured.



Fig. 1. Chromatogram from selected reaction monitoring of DON (275.0 µg L⁻¹), DON-3-GlcA (298.1 µg L⁻¹), DON-15-GlcA (1237.7 µg L⁻¹) and OTA (<LOQ) in a naturally contaminated urine sample obtained from a Croatian pregnant woman. Peaks without label are interferences (matrix peaks).

Та	ble	3

Total DON equivalents and	percentage of PMTDI in	urine samples of pregnant	women from Croatia.
---------------------------	------------------------	---------------------------	---------------------

			\sum DON equivalents [µg L ⁻¹ urine]	\sum DON equivalents [µg g ⁻¹ creatinine]	\sum DON equivalents [μ g kg ⁻¹ b.w. day ⁻¹]	% TDI
Residence	Urban (<i>N</i> = 20)	Average	92.4	84.7	1.8	183
		Median	55.3	52.0	1.2	123
		IQR	67.7	107.0	1.8	177
		Min	4.8	6.7	0.1	9
		Max	401.6	237.2	7.7	775
	Rural (N = 20)	Average	131.3	102.7	3.1	309
		Median	42.5	39.6	0.8	77
		IQR	48.1	48.7	1.3	129
		Min	7.0	9.9	0.1	14
		Max	1238.1	903.7	33.1	3307
Education	University $(N = 18)$	Average	85.3	84.0	1.8	176
		Median	55.3	63.5	1.2	120
		IQR	86.6	114.3	1.6	155
		Min	4.8	6.7	0.1	9
		Max	401.6	236.3	7.7	775
	High school	Average	133.6	101.6	3.0	304
	(N = 22)	Median	47.6	39.1	0.8	84
		IQR	66.9	34.5	1.8	182
		Min	7.0	10.4	0.2	17
		Max	1238.1	903.7	33.1	3307
Total		Average	111.8	93.7	2.5	246
		Median	48.7	41.2	0.9	94
		IQR	72.5	83.6	1.8	181
		Min	4.8	6.7	0.1	9
		Max	1238.1	903.7	33.1	3307

DON exposure and glucuronidation rate (Table 3). The urban 313 subgroup consumed relatively more food products from retail 314 315 markets, while the rural subgroup consumed more homegrown 316 foods, which, presumably were not as strictly controlled as foods 317 from commercial sources. A similar difference was determined

between the urban and rural subgroups, i.e. the analyses revealed 318 an insignificantly higher exposure to DON of the rural subgroup compared to the urban subgroup (p = 0.63). One woman had an exceptionally high (the highest ever reported to the best of our knowledge) concentration of total DON (DON, DON-15-GlcA and 322

Please cite this article in press as: Šarkanj, B., et al. Urinary analysis reveals high deoxynivalenol exposure in pregnant women from Croatia. Food Chem. Toxicol. (2013), http://dx.doi.org/10.1016/j.fct.2013.08.043

B. Šarkanj et al. / Food and Chemical Toxicology xxx (2013) xxx-xxx



Fig. 2. Chromatogram from selected reaction monitoring and product ion scans of DON-8-GlcA and DON-3-GlcA reference standards and a naturally contaminated human urine sample. DON-8-GlcA was not detected in human urine, while DON-15-GlcA was the major conjugate followed by DON-3-GlcA; the third glucuronide is assumed to be DON-7-GlcA (RT = 8.1).

³²³ DON-3-GlcA were quantified to be 275 μ g L⁻¹ 1238 μ g L⁻¹ and ³²⁴ 298 μ g L⁻¹, respectively) which we estimate relates to a DON expo-³²⁵ sure of 33.1 μ g kg⁻¹ b.w. day⁻¹. This particular woman belonged to ³²⁶ the rural, high school educated group, and consumed great quantities of homemade foods (including cereals and meat products). In comparison, the highest concentration of DON equivalents in the Austrian population was $2.2 \ \mu g \ kg^{-1}$ b.w. day⁻¹ (Warth et al., 2012a) although in that study no correction for the higher

327

328

329

330

Please cite this article in press as: Šarkanj, B., et al. Urinary analysis reveals high deoxynivalenol exposure in pregnant women from Croatia. Food Chem. Toxicol. (2013), http://dx.doi.org/10.1016/j.fct.2013.08.043

5

B. Šarkanj et al./Food and Chemical Toxicology xxx (2013) xxx–xxx

concentrated first morning urine was done what would decrease the estimated exposure by a factor of two. Due to heavy rainfall during the 2010 season, and thus high DON concentrations in cereals (Pleadin et al., 2012a), it is likely that she had consumed highly contaminated home grown food prior to urine donation. However, no foodstuffs could be procured from the woman after these results were obtained in order to analyse these for mycotoxin contamination and prove this assumption.

The highest reported urinary DON concentration, normalised to creatinine, in a UK pregnant subpopulation was $116 \ \mu g \ g^{-1}$ (Hepworth et al., 2011). The maximum concentration in this cohort of Croatian pregnant women revealed a nine times higher exposure to DON (Table 3).

The sum of DON equivalents and FFQ data were distributed per quartiles and compared in order to identify trends (data not shown) but due to low sample number there was no statistically significant correlations between food intake and urinary DON equivalents, BMI, or age.

The detection of free DON and conjugated forms in the studied 349 urine samples is indicative of DON as the principal food mycotoxin 350 351 in this population. To confirm potential sources of high DON re-352 sults, two representative wheat samples (yearly representative 353 storage samples from local siloes, harvest year 2010) were ana-354 lysed and high DON contamination was proven (942.4 µg kg⁻¹ and $4510.5 \ \mu g \ kg^{-1}$ of DON; $47.8 \ \mu g \ kg^{-1}$ and $176.6 \ \mu g \ kg^{-1}$ 355 DON-3-Glc; 0.8 μ g kg⁻¹ and 14 μ g kg⁻¹ 3-ADON). This finding 356 was however not surprising considering the frequently reported 357 natural occurrence of DON and its plant/fungal metabolites in food 358 359 commodities from Croatia. Similarly, one milled wheat sample was rejected for export due to high levels of DON (mean: 2376 μ g kg⁻¹) 360 361 (RASFF, 2010). Furthermore, Pleadin et al. (2012a) recovered mean DON levels of 2150 μ g kg⁻¹ (range: 15–17920 μ g kg⁻¹) in 85% of 362 363 maize samples from Croatia. Such high levels were likely due to 364 the extremely high rainfall during the harvest season (Meterologi-365 cal and hydrological service, 2011).

The co-existence of DON (and/or its glucuronide derivatives) and OTA was detected for the first time in Croatia. In this preliminary study we confirmed the presence of DON-3-GlcA and DON-15-GlcA in urine samples of pregnant women, which are less toxic DON metabolites (Wu et al., 2007).

Besides the two known DON conjugates DON-3-GlcA and DON-371 15-GlcA, which have been earlier confirmed as urinary metabolites 372 (Warth et al., 2011; Warth et al., 2012a), a third glucuronide was 373 374 recently detected in in vitro experiments utilising the same method 375 applied within this study (Maul et al., 2012). This metabolite was 376 tentatively identified as DON-7-GlcA and traces were also detected 377 in urine samples obtained from a volunteer who ingested a known, 378 high quantity of DON over a period of four days (Warth et al., 379 2013a). Due to the high concentrations of DON glucuronides in 380 the urine samples analysed within the current study, it was possi-381 ble to investigate the structure of this conjugation product for the 382 first time although its relative abundance compared to the other glucuronides was insignificant. In addition, we compared the 383 384 retention time and the MS/MS spectra with an NMR confirmed 385 standard of DON-8-GlcA, which was synthesised recently (Uhlig 386 et al., 2013).

387 Selected reaction monitoring chromatograms and daughter ion 388 scans of the NMR confirmed DON-3-GlcA (Fruhmann et al., 2012) 389 and DON-8-GlcA (Uhlig et al., 2013) reference standards as well 390 as of a highly naturally contaminated urine sample are illustrated 391 in Fig. 2. It is obvious that the third glucuronide elutes about 392 0.5 min after the DON-3-GlcA standard while DON-8-GlcA elutes 393 earlier. Therefore, it can be concluded that the third peak is not 394 DON-8-GlcA but rather a 7-glucuronide as suggested by Maul 395 et al. (2012). However, the explanation of the MS spectrum from 396 fragmentation of the supposed deprotonated molecular ion (m/z)

471) was not straightforward (Fig. 2). While a major m/z 441 frag-397 ment (-30 Da) is characteristic for loss of the CH₂OH moiety at-398 tached at C-6 (Warth et al., 2012a), a m/z 454 fragment (-17 Da) 399 is hard to explain. As the molecule does not contain nitrogen the 400 only possible combination that explains a -17 Da fragment corre-401 sponds to a hydroxyl group. This would, however, involve loss of a 402 radical, which is rarely seen in ESI-MS/MS. High-resolution MS 403 should be applied in order to pursue this problem further. To con-404 firm the identity of the major DON metabolite, an aliquot of a 405 highly contaminated sample was re-analysed using SPE and HI-406 LIC-MS, and the MS and MS²-characteristics of the major DON con-407 jugate in the urine sample compared to those of an NMR confirmed 408 reference standard (Uhlig et al., 2013). This experiment verified 409 that the structure of the so far only tentatively identified conjugate 410 (Warth et al., 2012a) is indeed equivalent with DON-15-GlcA (data 411 not shown). 412

4. Conclusion

This pilot survey has provided data on urinary mycotoxin bio-414 markers in samples obtained from 40 pregnant Croatian women 415 for the first time. DON and its conjugated forms, predominantly 416 DON-15-GlcA, were the principal metabolites detected in urine 417 with 97.5% of the samples above the detection limit. Urinary con-418 centrations were used to estimate DON exposure and indicated 419 exceptionally high intakes up to 3300% of the established TDI. 420 Traces of OTA were detected in 10% of the investigated samples. 421 Furthermore, the structure of a currently identified third DON glu-422 curonide was investigated and might correspond to a DON-7-glu-423 curonide. Considering that the present investigation was carried 424 out on a small population, we recommend the results be recon-425 firmed using a larger scale multi-location study. Further bio-mon-426 itoring surveys on mycotoxin contamination patterns in Croatia 427 are necessary to properly understand the extent of exposure and 428 to propose intervention strategies to reduce potentially associated 429 health risks. 430

Conflict of Interest

The authors declare that there are no conflicts of interest. 432

5. Uncited references

Öhman et al. (2008) and Reimers et al. (2005). Q4 434

Acknowledgements

435

447

431

433

413

The authors thank the European Commission for the financial 436 support within the Project MycoRed (KBBE-2007-22269-2), the 437 Lower Austrian Government, and Croatian Ministry of Science, 438 Education and Sports (Grant No. 113-1130473-0334). Benedikt 439 Warth is grateful for the support of the PhD graduate school pro-440 gram – Applied Bioscience Technology of the Vienna University 441 of Technology in cooperation with the University of Natural Re-442 sources and Life Sciences, Vienna (BOKU). Furthermore, the hospi-443 tality and welcoming atmosphere of the staff of the Department for 444 Agrobiotechnology (IFA-Tulln, BOKU) during the stay of the first 445 author is greatly acknowledged. 446

References

Anderson, G.D., 2005. Pregnancy-induced changes in pharmacokinetics: a mechanistic-based approach. Clin. Pharmacokinet. 44, 989–1008. 449 Binder, E.M., Tan, L.M., Chin, L.J., Handl, J., Richard, J., 2007. Worldwide occurrence of 450

mycotoxins in commodities, feeds and feed ingredients. Anim. Feed Sci. 451 Technol. 137, 265–282. 452

Please cite this article in press as: Šarkanj, B., et al. Urinary analysis reveals high deoxynivalenol exposure in pregnant women from Croatia. Food Chem. Toxicol. (2013), http://dx.doi.org/10.1016/j.fct.2013.08.043

6

331

332

333

334

335

336

337

338

339

340

341

342

343

344

345

346

347

348

366

367

368

369

370

456

457

458

459

460

461

462

463

469

470

471

472

473

474

475

476

477

485

491

492

493

514

515

516

517

518

519

520

521

522

523

524

525

526

527

528

529

530

531

532

533

534

535

536

537

538

539

540

541

542

543

544

545

546

547

548

549

550

551

552

553

554

555

556

557

558

559

560

561

562

563

564

565

566

567

568 569

570

571

572

B. Šarkanj et al./Food and Chemical Toxicology xxx (2013) xxx-xxx

- 453 Cao, J., Stieger, B., Meier, P.J., Vore, M., 2002. Expression of rat hepatic multidrug 454 resistance-associated proteins and organic anion transporters in pregnancy. 455 Am. J. Physiol. Gastrointest. Liver Physiol. 283, G757-G766.
 - Fruhmann, P., Warth, B., Hametner, C., Berthiller, F., Horkel, E., Adam, G., Sulyok, M., Krska, R., Fröhlich, J., 2012. Synthesis of deoxynivalenol-3-ß-D-O-glucuronide for its use as biomarker for dietary deoxynivalenol exposure. World Mycotoxin I. 5. 127-132.
 - Goyarts, T., Danicke, S., Brussow, K.P., Valenta, H., Ueberschar, K.H., Tiemann, U., 2007. On the transfer of the Fusarium toxins deoxynivalenol (DON) and zearalenone (ZON) from sows to their fetuses during days 35-70 of gestation. Toxicol. Lett. 171, 38-49.
- 464 Hepworth, S.J., Hardie, L.J., Fraser, L.K., Burley, V.J., Mijal, R.S., Wild, C.P., Azad, R., 465 McKinney, P.A., Turner, P.C., 2011. Deoxynivalenol exposure assessment in a 466 cohort of pregnant women from Bradford, UK. Food Addit. Contam. Part A 29, 467 269-276. 468
 - Inoue, H., Tsuruta, A., Kudo, S., Ishii, T., Fukushima, Y., Iwano, H., Yokota, H., Kato, S., 2005. Bisphenol A glucuronidation and excretion in liver of pregnant and nonpregnant female rats. Drug Metab. Dispos. 33, 55-59.
 - Jackson, L.S., Bullerman, L.B., 1999. Effect of processing on Fusarium mycotoxins. Adv. Exp. Med. Biol. 459, 243-261.
 - Jakovac-Strajn, B., Vengust, A., Pestevsek, U., 2009. Effects of a deoxynivalenolcontaminated diet on the reproductive performance and immunoglobulin concentrations in pigs. Vet. Rec. 165, 713-718.
 - Klapec, T., Šarkanj, B., Banjari, I., Strelec, I., 2012. Urinary ochratoxin A and ochratoxin alpha in pregnant women. Food Chem. Toxicol. 50, 4487-4492.
- 478 Krstanović, V., Klapec, T., Velić, N., Milaković, Z., 2005. Contamination of malt barley 479 and wheat by Fusarium graminearum and Fusarium culmorum from the crop 480 years 2001-2003 in eastern Croatia. Microbiol. Res. 160, 353-359.
- 481 Maul, R., Warth, B., Kant, J.-S., Schebb, N.H., Krska, R., Koch, M., Sulyok, M., 2012. 482 Investigation of the hepatic glucuronidation pattern of the fusarium mycotoxin 483 deoxynivalenol in various species. Chem. Res. Toxicol. 25, 2715-2717. 484
- Meky, F.A., Turner, P.C., Ashcroft, A.E., Miller, J.D., Qiao, Y.-L., Roth, M.J., Wild, C.P., 2003. Development of a urinary biomarker of human exposure to 486 deoxynivalenol. Food Chem. Toxicol. 41, 265-273.
- 487 Meterological and Hydrological Service, 2011. Climate Monitoring and Assessment 488 for 2010. 489
- Mikhail, M.S., Anyaegbunam, A., 1995. Lower urinary tract dysfunction in 490 pregnancy: a review. Obstet. Gynecol. Surv. 50, 675-683.
 - Mikula, H., Hametner, C., Berthiller, F., Warth, B., Krska, R., Adam, G., Fröhlich, J., 2012. Fast and reproducible chemical synthesis of zearalenone-14-B,Dglucuronide. World Mycotoxin J. 5, 289-296.
- 494 Nielsen, J.K.S., Vikström, A.C., Turner, P., Knudsen, L.E., 2011. Deoxynivalenol 495 transport across the human placental barrier. Food Chem. Toxicol. 49, 2046-496 2052.
- 497 Öhman, I., Luef, G., Tomson, T., 2008. Effects of pregnancy and contraception on 498 lamotrigine disposition: new insights through analysis of lamotrigine 499 metabolites. Seizure 17, 199-202.
- 500 Pestka, J.J., Smolinski, A.T., 2005. Deoxynivalenol: toxicology and potential effects 501 on humans. J. Toxicol. Environ. Health B Crit. Rev. 8, 39-69.
- 502 Piekkola, S., Turner, P.C., Abdel-Hamid, M., Ezzat, S., El-Daly, M., El-Kafrawy, S., 503 Savchenko, E., Poussa, T., Woo, J.C.S., Mykkänen, H., El-Nezami, H., 2012. Characterisation of aflatoxin and deoxynivalenol exposure among pregnant 504 505 Egyptian women. Food Addit. Contam. Part A 29, 962-971.
- 506 Pleadin, J., Sokolović, M., Perši, N., Zadravec, M., Jaki, V., Vulić, A., 2012a. 507 Contamination of maize with deoxynivalenol and zearalenone in Croatia. 508 Food Control 28, 94-98.
- 509 Pleadin, J., Perši, N., Mitak, M., Zadravec, M., Sokolović, M., Vulić, A., Jaki, V., Brstilo, 510 M., 2012b. The natural occurrence of T-2 toxin and fumonisins in maize samples 511 in croatia. Bull. Environ. Contam. Toxicol. 88, 863-866.
- 512 RASFF, 2010. <https://webgate.ec.europa.eu/rasff-window/portal/index.cfm?event=
- notificationDetail&NOTIF_REFERENCE=2010.CGJ> (accessed 10.02.13). 513

- Reimers, A., Helde, G., Brodtkorb, E., 2005. Ethinyl estradiol, not progestogens, reduces lamotrigine serum concentrations. Epilepsia 46, 1414-1417.
- Solfrizzo, M., Gambacorta, L., Lattanzio, V.T., Powers, S., Visconti, A., 2011. Simultaneous LC-MS/MS determination of aflatoxin M1, ochratoxin A, deoxynivalenol, de-epoxydeoxynivalenol, α and β -zearalenols and fumonisin B1 in urine as a multi-biomarker method to assess exposure to mycotoxins. Anal. Bioanal. Chem. 401, 2831-2841.
- Sulyok, M., Berthiller, F., Krska, R., Schuhmacher, R., 2006. Development and validation of a liquid chromatography/tandem mass spectrometric method for the determination of 39 mycotoxins in wheat and maize. Rapid Commun. Mass Spectrom. 20, 2649-2659.
- Tiemann, U., Brüssow, K.P., Dänicke, S., Vanselow, J., 2008. Feeding of pregnant sows with mycotoxin-contaminated diets and their non-effect on foetal and maternal hepatic transcription of genes of the insulin-like growth factor system. Food Addit. Contam. Part A 25, 1365-1373.
- Turner, P.C., Rothwell, J.A., White, K.L.M., Gong, Y.Y., Cade, J.E., Wild, C.P., 2008. Urinary deoxynivalenol is correlated with cereal intake in individuals from the United Kingdom. Environ. Health Persp. 116, 21-45.
- Turner, P.C., 2010. Deoxynivalenol and nivalenol occurrence and exposure assessment. World Mycotoxin J. 3, 315-321.
- Turner, P.C., White, K.L.M., Burley, V.J., Hopton, R.P., Rajendram, A., Fisher, J., Cade, J.E., Wild, C.P., 2010. A comparison of deoxynivalenol intake and urinary deoxynivalenol in UK adults. Biomarkers 15, 553–562.
- Turner, P.C., Hopton, R.P., White, K.L.M., Fisher, J., Cade, J.E., Wild, C.P., 2011. Assessment of deoxynivalenol metabolite profiles in UK adults. Food Chem. Toxicol. 49, 132-135
- Turner, P.C., Flannery, B., Isitt, C., Ali, M., Pestka, J., 2012a. The role of biomarkers in evaluationg human health concerns from fungal contaminants in food. Nutr. Res. Rev. 25, 162-179.
- Turner, P.C., Gong, Y.Y., Pourshams, A., Jafari, E., Routledge, M.N., Malekzadeh, R., Wild, C.P., Boffetta, P., Islami, F., 2012b. A pilot survey for Fusarium mycotoxin biomarkers in women from Golestan, northern Iran. World Mycotoxin J. 5, 195-
- Uhlig, S., Ivanova, L., Fæste, C.K., 2013. Enzyme-assisted synthesis and structural characterization of the 3-, 8-, and 15-glucuronides of deoxynivalenol. J. Agric. Food Chem. 61, 2006-2012.
- Warth, B., Sulyok, M., Berthiller, F., Schuhmacher, R., Fruhmann, P., Hametner, C., Adam, G., Fröhlich, J., Krska, R., 2011. Direct quantification of deoxynivalenol glucuronide in human urine as biomarker of exposure to the Fusarium mycotoxin deoxynivalenol. Anal. Bioanal. Chem. 401, 195-200.
- Warth, B., Sulyok, M., Fruhmann, P., Berthiller, F., Schuhmacher, R., Hametner, C., Adam, G., Frohlich, J., Krska, R., 2012a. Assessment of human deoxynivalenol exposure using an LC-MS/MS based biomarker method. Toxicol. Lett. 211, 85-
- Warth, B., Sulyok, M., Fruhmann, P., Mikula, H., Berthiller, F., Schuhmacher, R., Hametner, C., Abia, W.A., Adam, G., Fröhlich, J., Krska, R., 2012b. Development and validation of a rapid multi-biomarker liquid chromatography/tandem mass spectrometry method to assess human exposure to mycotoxins. Rapid Commun. Mass Spectrom. 26, 1533-1540.
- Warth, B., Sulyok, M., Berthiller, F., Schuhmacher, R., Krska, R., 2013a. New insights into the human metabolism of the fusarium mycotoxins deoxynivalenol and zearalenone. Toxicol. Lett. 220 (1), 88-94.
- Warth, B., Sulyok, M., Krska, R., 2013b. LC–MS/MS based multi-biomarker approaches for the assessment of human exposure to mycotoxins. Anal. Bioanal. Chem. 405 (17), 5687–5695.
- WHO, 2001. WHO food additives series 47. Presented at the 56th Meeting of the Joint FAO/WHO Expert Committee on Food Additives (JECFA). FAO Food Nutr. Paper, 74.
- Wu, X., Murphy, P., Cunnick, J., Hendrich, S., 2007. Synthesis and characterization of glucuronide: its comparative deoxynivalenol immunotoxicity with deoxynivalenol. Food Chem. Toxicol. 45, 1846-1855.

573 574 575